

# Discover Scuba Diving Knowledge and Safety Review

To continue your Discover Scuba Diving experience, you must complete this review under the direction of your PADI Professional BEFORE getting in the water.

Check the appropriate box in response to each question:

1. Upon completing this experience, I will be qualified to dive independently without a certified professional guiding me.  
 T  F
2. To equalize my ears and sinus air spaces during descent, I will need to blow gently against pinched nostrils.  
 T  F
3. I should equalize every metre/few feet while descending.  
 T  F
4. If I have discomfort in my ears or sinuses during descent, I should continue downward.  
 T  F
5. Underwater, I should breathe slowly, deeply, continuously and never hold my breath.  
 T  F
6. I should add air to my buoyancy control device (BCD) to float at the surface.  
 T  F
7. My air gauge indicates how much air I have in my cylinder and I must look at it often, and whenever my instructor asks me to.  
 T  F
8. I should not touch, tease or harass an underwater organism since I may harm it or it may harm me.  
 T  F
9. I should stay close to the PADI Professional during my Discover Scuba Diving experience and signal if something is wrong.  
 T  F

Participant Statement: I have had this Review explained to me and I now understand any questions I may have answered incorrectly. I acknowledge and accept that these practices are intended to increase my safety and comfort during the experience.

Participant Signature

Date (Day/Month/Year)